



DECEMBER 2018

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 321 Banana Muffin 670 Fresh Fruit 749 Apple-Cherry Juice</p> <p>Pre-K 346 Cinnamon Toast Crunch Cereal</p>	<p>4 369 Pillsbury Berry Blast Mini French Toast 696 Raisins 752 Fruit Punch Juice</p> <p>Pre-K 339 Cranberry Orange Muffin</p>	<p>5 334 Cinnamon Toast Crunch Cereal 670 Fresh Fruit 750 Apple Juice</p> <p>Pre K: 331 Corn Muffin</p>	<p>6 329 Trix Cereal Bar 670 Fresh Fruit 753 Orange Juice</p> <p>Pre K: 332 Apple Cinnamon Muffin</p>	<p>7 NO SCHOOL TODAY</p>
<p>10 328 Chocolate Chip Muffin 670 Fresh Fruit 752 Fruit Punch Juice</p> <p>Pre K: 349 Corn Chex Cereal</p>	<p>11 334 Cinnamon Toast Crunch Cereal 670 Fresh Fruit 749 Apple-Cherry Juice</p> <p>Pre K: 330 Blueberry Muffin</p>	<p>12 304 Cinnamon Bagelfuls 608 Dole Tropical Fruit Cup 750 Apple Juice</p> <p>Pre K: 343 Rice Chex Cereal</p>	<p>13 366 Blueberry Bagel 670 Fresh Fruit 753 Orange Juice</p> <p>Pre K: 331 Corn Muffin</p>	<p>14 350 Apple Cinnamon Cheerios Cereal Bar 612 Bagged Sliced Apples & Grapes 752 Fruit Punch Juice</p> <p>Pre K: 332 Apple Cinnamon Muffin</p>
<p>17 322 Blueberry Muffin 670 Fresh Fruit 753 Orange Juice</p> <p>Pre K: 347 Frosted Flakes</p>	<p>18 367 Cinnamon Raisin Bagel 670 Fresh Fruit 658 Dried Fruit Blend</p> <p>Pre K: 335 Banana Muffin</p>	<p>19 328 Chocolate Chip Muffin 609 Dole Mixed Fruit Cup 749 Apple-Cherry Juice</p> <p>Pre K: 335 Banana Muffin</p>	<p>20 334 Cinnamon Toast Crunch Cereal 696 Raisins 752 Fruit Punch Juice</p> <p>Pre K: 339 Cranberry Orange Muffin</p>	<p>21 329 Trix Cereal Bar 689 Orange Mango Applesauce 748 Grape Juice</p> <p>Pre K: 345 Honey Scooters</p>
<p>24 Winter Break</p>	<p>25 Merry Christmas</p>	<p>26 Winter Break</p>	<p>27 Winter Break</p>	<p>28 Winter Break</p>
<p>31 Happy New Year's Eve!</p>	<p>1 Happy New Year!</p>	<p>NO SCHOOL TODAY</p>	<p>2 350 Apple Cinnamon Cheerios Cereal Bar 752 Fruit Punch Juice 689 Orange Mango Applesauce</p> <p>Pre K: 335 Banana Muffin</p>	<p>3 328 Chocolate Chip Muffin 750 Apple Juice 608 Dole Tropical Fruit Cup</p> <p>Pre K: 345 Honey Scooters</p>

PLEASE READ CAREFULLY.

Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.

***Pre-K Students receive one serving of fruit, no juice and only unflavored milk at breakfast**

